

## Supreme Audio Awarded GSA Contract

Supreme Audio, a leading supplier of wireless microphones and fitness sound systems to U.S. Military Installations and Federal Agency facilities around the world for more than 20 years, is pleased to announce its award of a General Services Administration (GSA) contract number GS-03f-0184W.

"We selected the Navigator Wireless Portable Sound System as our initial offering under this contract because it is designed for portability, power and ease of use," said Peggy Heyman, President. "The Navigator is a full-featured 50-watt (80-Watts Max) portable sound system for group instruction or presentations. Complete with powerful battery and AC power supply, the Navigator weighs only 27.2 lbs. (maximum weight with all options). It can be easily moved, set-up and then stored again without the hassle of power or speaker cables."

There are two configurations available for the Navigator: The Basic System and the Deluxe System.

"The Navigator also features an 'Audio-Link Wireless Transmitter' which sends the complete audio program to an unlimited number of powered companion speakers placed to cover large areas without any connecting cables," notes Heyman. "It is also the only system of its kind to have a  $\pm 12\%$  Variable Speed (pitch control) CD+MP3 Player built-in ... so helpful for fitness or dance instruction. You can select a professional handheld transmitter or professional headworn headset and belt-pack transmitter giving the user total mobility," said Heyman.

*Additional information may be found at [www.SupremeAudio.com/GSA](http://www.SupremeAudio.com/GSA) or call 1-800-445-7398 or 603-876-3967.*



## Pellerin Milnor Updates Laundry Planning Files

Pellerin Milnor Corporation announces new laundry planning files for prospective customers for all industries, including: healthcare, hospitality, athletics, rental, corrections, firefighter and architecture. These comprehensive and complimentary booklets are designed to assist in choosing the right machinery for any facilities' laundry needs.

The Laundry Planning Files include new Milnor installation success stories, washer-extractor capacities worksheets based on linen type, and general guidelines for setting-up an on-premises laundry.

*For more information, call Milnor at 504-712-7656 or email [mktg@milnor.com](mailto:mktg@milnor.com) for your free laundry-planning file today!*

## Pilot Rock Offers Big Grills for Big Groups

When you have a Big Group to cook for you need a Big Grill. Pilot

Rock brand charcoal grills are available in big sizes to cook for large groups and

shelter house parties. The Model Q3-2460 design includes: three separated fireboxes, a total of 1,220 sq. inches of cooking are, full bi-directional rotation on a theft proof swivel, the cooking grate tips up for easy fire building and clean up, and you can add the optional utility shelf. Heavy gauge steel and all-welded construction provide a grill that will withstand hard use



and constant exposure. Other popular grill sizes range from 250 to over 1,350 square inches.

Pilot Rock Park Equipment is designed and manufactured in the United States by R.J. Thomas Mfg. Co. Inc., Cherokee, IA, since 1959. The Pilot Rock product line includes picnic tables, pedestal grills, park and street site benches, campfire rings, bike racks, trash and recycling receptacles and lids, lantern poles and more.

*Shop online at [www.pilotrock.com](http://www.pilotrock.com).*

## Stewart Military Signs Offers Many Options



Stewart Military Signs is the leader in providing high quality signage to military bases, government installations and federal complexes worldwide.

Since 1968, Stewart Military Signs has been providing quality signage across America and around the world. With over 30,000 satisfied customers, its signs have proven to not only meet but exceed customers' high expectations, providing each customer with the highest quality product at a reasonable price, while offering superior customer service. Rest assured that when you choose a Stewart Military Sign, your investment will last for many years into the future.

For quality signage with no service contracts, Stewart Military Signs is the ideal provider for any facility and has served over 150 military installations worldwide. Stewart holds a GSA contract (GS-07F-0376J), AFNAFPO contract (F41999-97-D-6186) and are the licensed provider for the American Legion.

For more information call 800-237-3928 or visit [www.stewartsigns.com](http://www.stewartsigns.com).

## Strength Training with Perform Better

A new entry this year in the 2010 Perform Better catalog is "Versus," which lets you perform unilateral or bilateral strength movement. Simply attach "Versus" to a horizontal or vertical support allowing you to train alone or with a partner. Economically priced, it is designed to develop strength, power, full body integration and core stabilization. And there is an explanatory DVD and printed instruction guide included.

Speed, strength, agility, power, stability and conditioning are vital components to success in any athletic competition. With this in mind, Perform Better has carefully selected each product in its catalog for its ability to help improve sports performance. Whether you're trying to make your athletes stronger, faster or more explosive, you can trust expert staff to suggest the right products to meet your needs. Perform Better prides itself on having a knowledgeable staff, great products and service, and an expert group of advisors.

See "Versus" and other products in the 2010 catalog by calling 1-800-556-7464 for a FREE copy or check the Web site at [www.performbetter.com](http://www.performbetter.com).



## Metabolic Testing Technology from Korr

Korr™ Medical Technologies is a leader in the science of Metabolic Testing through measured oxygen consumption. Metabolic testing at rest (RMR) can pinpoint the precise caloric intake required for weight



loss. Clients will become empowered to reach their weight loss goals through an understanding of their body's unique metabolism.

Oxygen consumption during exercise (VO<sub>2</sub> Testing) is valuable to athletes at any level of conditioning. VO<sub>2</sub> testing gives trainers the information necessary to truly customize workouts. Testing can show clients their improved VO<sub>2</sub> levels as reward for their efforts. They will stay motivated even if the scale or the mirror doesn't show progress very quickly.

CardioCoach™ (pictured) provides the ultimate measure of fitness and is the most professional way to monitor improvement. High performance athletes are thrilled to have access to the same training tools used by professionals. CardioCoach™ products by Korr™ include measurements of Aerobic threshold, Anaerobic threshold, Peak VO<sub>2</sub>, RMR, RER, & CO<sub>2</sub> analysis enabling a person to reach their fitness goals more efficiently, with less pain, fatigue and injury.

For more information, contact a Korr representative at 1-800-895-4048 or visit our Web site at [www.korr.com](http://www.korr.com)